

# BLDE (DEEMED TO BE UNIVERSITY)

July 2019

Pre – Ph.D Course Work Examination

18PHD010

Paper II: BACKGROUND PAPER (COMMUNITY MEDICINE)

QP CODE – 6018

Duration: 1 ½ Hrs

Max Marks: 50

I Answer the following

5 x 2 = 10 Marks

1. Define Health education?
2. Enumerate determinants of adolescent health?
3. Enumerate components of balanced diet?
4. Mention the National nutritional programmes related to adolescents in India?
5. Enumerate aims of health education?

II Answer ANY FOUR of the following

4 x 5 = 20 Marks

6. Briefly discuss anemia among adolescents and what are the steps to be taken to prevent it?
7. Discuss behavioral problems among adolescents?
8. Discuss various approaches to health education?
9. Discuss the psychosocial development among adolescents?
10. Briefly discuss Counseling v/s Health education?

III Answer ANY TWO of the following

2 x 10 = 20 Marks

11. What is healthy diet? Discuss in detail obesity among adolescents?
12. Discuss the principles of health education?
13. Enumerate the various nutrition related health problems in adolescent girls and Describe various approaches for their management?