

ಪರಿಶ್ರಮ

ಡಾ. ಎಂ.ಎಸ್.ಬಿರಾದಾರ ಅವರ ಸಂಸ್ಕರಣ ಗ್ರಂಥ



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ಡಾ. ಎಂ.ಎಸ್.ಮದಭಾವಿ

ಪ್ರಕಾಶಕರು

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 ಸಂಪಾದಕರು : ಡಾ. ಎಂ.ಎಸ್.ಮದಭಾವಿ, ಡಾ. ಅರುಣ ಇನಾಮದಾರ,
 ಡಾ. ಡಿ.ಆರ್.ನಿಡೋಣಿ,
 ಪ್ರೊ ಎಂ.ಎಸ್.ಡಿಗ್ಗಾವಿ, ಪ್ರೊ.ಎ.ಎಸ್.ಪಾಟೀಲ,
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ಪರಿವಿಡಿ

ಶುಭ ಹಾರೈಕೆಗಳು
ಪ್ರಕಾಶಕರ ಮಾತು
ಸಂಪಾದಕೀಯ

L

ಕನ್ನಡ ಲೇಖನಗಳು

೧. ಹೆಚ್ಚಿಯ ನೆನಪುಗಳು	-	ಪ್ರೊ. ಕೆ.ಎಸ್.ಬಿರಾದಾರ / ೧
೨. ದೇವರು ನನ್ನಪ್ಪ	-	ಅಶ್ವಿನಿ ಬಿರಾದಾರ / ೩೦
೩. ಸ್ನೇಹ ಬಂಧು	-	ಪ್ರೊ. ಡಾ. ಆರ್.ಎಸ್.ಮುಧೋಳ
೪. ನೆನಪಿನ ಬುತ್ತಿ ಬಿಚ್ಚಿದಾಗ	-	ಡಾ.ಅರುಣ ಇನಾಮದಾರ / ೩೮
೫. ಜೀವದ ಗೆಲೆಯ	-	ಡಾ. ಎಂ.ಎಂ.ಪಾಟೀಲ / ೪೧
೬. ಮರೆಯದ ಮಾಣಿಕ್ಯ	-	ಡಾ. ಶಿವಾನಂದ ಕುಬಸದ / ೪೭
೭. ನನ್ನ ದೃಷ್ಟಿಯಲ್ಲಿ	-	ಡಿ.ಎಸ್.ಪಾಟೀಲ / ೫೧
೮. ನಾ ಕಂಡಂತೆ	-	ಡಾ. ತೇಜಸ್ವಿನಿ ವಲ್ಲಭ / ೫೪
೯. ನನ್ನ ವಿದ್ಯಾರ್ಥಿ	-	ಎ.ಪಿ.ಮಂಟ್ಯಾಳ / ೫೭
೧೦. ಮರೆಯಾದ ಮಾಣಿಕ್ಯ	-	ಡಾ. ಜಿ.ಎಚ್.ಬಿರಾದಾರ / ೬೧
೧೧. ಸಾತ್ವಿಕರು	-	ವಿಜಯಕುಮಾರ ಹಲಕುಡೆ / ೬೪
೧೨. ಆಶ್ರಯದಾತ	-	ಡಾ. ಬಸವರಾಜ ಅಗಸರ / ೬೬
೧೩. ಕೃಷಿಕನಾಗಿ	-	ಡಾ. ಸಿದ್ದಣ್ಣ ಉತ್ಪಾಳ / ೬೮
೧೪. ಬಸವ ಪ್ರಣೇತ	-	ಡಾ. ಸಂಗ್ರಾಮ ಬಿರಾದಾರ / ೭೪
೧೫. ಕ್ರಿಯಾಶೀಲರು	-	ಅರವಿಂದ ಕಂಚ್ಯಾಣಿ / ೭೬

೧೬. ಬಸವನಾಡಿನ ವೈದ್ಯ	-	ಡಾ. ಎಸ್.ಕೆ.ಬಿರಾದಾರ / ೭೯
೧೭. ವೈದ್ಯ ಶ್ರೇಷ್ಠ	-	ಡಾ. ಡಿ.ಆರ್.ನಿಡೋಣಿ / ೮೨
೧೮. ನನ್ನ ಅನುಭವಗಳು	-	ಡಾ. ಸಲೀಮ ದುಂಡಸಿ / ೮೭
೧೯. ನಮ್ಮೊಂದಿಗೆ	-	ಡಾ. ಜ್ಯೋತಿ ಕೊಡ್ನಾಪುರ / ೯೦ (ಹೊನಗನಹಳ್ಳಿ)
೨೦. ಪರಿಶ್ರಮದ ಫಲ	-	ಪ್ರೊ. ವಿಲಾಸ ಸಿದ್ಧನಗೌಡ ಬಗಲಿ ಪಾಟೀಲ / ೯೨
೨೧. ನಲೈಯ ಗೆಲೆಯ	-	ಡಾ. ಶಪೀ ಮುಲ್ಲಾ / ೯೪
೨೨. ಮಧುರ ಸ್ನೇಹ	-	ಪ್ರೊ. ಎಂ.ಎಸ್.ಯುಳಕಿ / ೯೬
೨೩. ಅರಳಿದ ಕಮಲ	-	ಪ್ರೊ. ಕೆ.ಆರ್.ಶೇಗುಣಸಿ / ೯೯
೨೪. ಕೃಷಿ ಪ್ರೇಮಿ	-	ಡಾ. ಶಶಿಧರ ಶಿರಹಟ್ಟಿ / ೧೦೧ ಮತ್ತು ಡಾ. ಮಹೇಶ್ವರ ಶಿರಹಟ್ಟಿ
೨೫. ವೈದ್ಯೋ ನಾರಾಯಣೋ ಹರಿ	-	ಡಾ. ಬನದೇವಿ ಬಿರಾದಾರ ಡಾ. ಸದಾಶಿವ ಸವದಿ / ೧೦೫
೨೬. ಆತ್ಮೀಯತೆಯ ಬದುಕು	-	ಡಾ. ಭಾರತಿ ಕಾಸ್ಸಿನ್ / ೧೦೭
೨೭. ನುಡಿ ನಮನ	-	ದಾಕ್ಷಾಯಣಿ ಬಿರಾದಾರ / ೧೦೮
೨೮. ನಲೈಯ ಗುರು	-	ಡಾ.ಕೃಷ್ಣಮೂರ್ತಿ ಜಾಲಿಹಾಳ/೧೧೦
೨೯. ಮಂದಾರ	-	ಡಾ.ಅಮೀದುದ್ದೀನ್ ಅ.ಖಾಜಿ/೧೧೨
೩೦. ಧರ್ಮಪತ್ನಿ ಗೋದಾವರಿಯವರೊಂದಿಗೆ ಸಂದರ್ಶನ	-	ಡಾ. ಐ.ಡಿ.ಐಹೊಳ್ಳಿ / ೧೧೪
೩೧. ಅಪರೂಪದ ವೈದ್ಯ	-	ನಾಡೋಜ ಡಾ. ಎಚ್.ಬಿ.ದಡ್ಡಿ /೧೨೧

II

English Articles

1. A Selfless Karmayogi - Prof. B.G.Mulimani / 127
2. Dr. MSBiradar - As I remember - Dr. Kushal Das / 131
3. An outstanding doctor - Prof. Dr. Gustavo
Zubieta Calleja / 137
4. Dr. MSBiradar - As I Know him - Dr. P.L.Kariholu / 140

5. **A Doctors' Doctor** – Prof. S.H.Lagali / 143
6. **My Father "A Human par Excellence"** – Dr. Aruna M. Biradar / 146
7. **Dr. M.S.B.–As I Know him**– Dr. Cauvery Sethe / 151
8. **My Professional and Personal experiences with Dr. M.S.Biradar** – Dr. Manjunath Aithal / 154
9. **Dear Mamari** – Dr. Bipin Patil / 166
10. **Some reminiscences of Dr. M.S.Biradar** – Dr. V. Gopalan / 171
11. **An administrator par excellence** – Dr. J.G.Ambedkar / 176
12. **My personal experiences with Dr. M.S.Biradar** – Nabirasool .S. / 178
Mamadapur
13. **We miss you sir** – Dr. Prabhugouda Patil and Family / 183
14. **Dr. M.S.Biradar - A Leader**– Dr. B.C.Uppin / 184
15. **A Textual Tribute to Dr. MSBiradar** – Dr. Satish Jigaginni / 186
16. **My personal and professional relation with Dr. M.S.Biradar**– Dr. Anand Ambali / 193
17. **The greatest Mentor ever lived** – Dr. M.M.Patil (Tikota)/ 199
18. **Dr. M.S.Biradar – An academician and Administrator** – Dr. B.S.Patil / 203
19. **Remembering Dr. M.S.Biradar** – Dr. S.B.Patil / 206
20. **A dedicated and committed doctor** – Dr. Hibare.S.R / 208

- 21. My personal and professional relationship with Dr. M.S.Biradar - Prabhu S. Telagi / 210
- 22. My guiding light - Dr.Rajesh M.Honnutagi/213
- 23. A great human being - Dr. Anand Pandurangi/ 216
- 24. An unforgettable Doctor - Basavaraj Desai / 218
- 25. A physician of discipline and wisdom - Dr. H.V.Karigoudar / 220
- 26. A great genius - Dr.Nagappa H.Handargal/223
- 27. A humane human being - Prasanna Badami and Praveen Badami / 226

Appendix

- 1. Addresses / 231
- 2. Photos / 237

My Personal and Professional Relations with Dr. M.S.Biradar

• Dr. Anand Ambali

I had an opportunity to see him very closely for three decades since my days of MBBS to being a faculty in medicine. Also, I have seen his rise in professional, and administrative career and have worked closely in various programs in the college with him. I still cherish the moments that I have spent with him. He always used to find mistakes made by students and staff and used to give solutions to them. His craze was to read books on motivation, spirituality and inspirational legends and share them with others in the right platform of programs. He used to catch the attention of the students right from the beginning of the class till the end. His class for postgraduates used to last for three hours and sir would never show the signs of tiredness despite having many administrative pressures.

Complete man- He was perfectly managing time for his profession, family and friends. He was deeply absorbed in whatever work he used to do. He always had the highest regard for the colleagues of all ranks. His connect to his home town and workplace was keeping him refreshed.

Sir, had a Powerful convincing nature to both patients and the students. For students he never used to stop discussion till the student has perceived the knowledge, while for the patient, till they agree to what sir recommends.

The communication skills that he had to tackle various people like student, patient, caregiver, nursing staff or be it a servant, he used to adapt both in tone and content immediately in seconds and convince them what is right and what went wrong in the management of the given patient. This worked wonder among the people who approached him.

I and my friend from the United Kingdom went to meet sir unofficially. Sir, listened to the person, his ideas and his contribution to the society for first fifteen minutes without interruption and later when my friend stopped, sir took all the ideas and said Yes! we shall apply a few of your ideas in our institute and discussed the ways of putting them in practice in the University. My friend was stunned to listen to sir and said the patience, wisdom, maturity and simplicity if to be learnt, it is from MSB Sir. This bespeaks sir's openness to know what is happening around.

He had immense exemplary clinical examination skills which he used to apply to all the patients in the shortest time and not missing any signs. His observational skills were like an Eagles eye view! He always used to tell the students that talk to patient and touch the patient, then only you will learn medicine. His explanation of the diseases from molecular level to recent advances in any given case was the reason for him to be called Walking Harrison. (Harrison is a world-famous text book of medicine). He used to keep himself updated by reading the latest edition books and recommend the students to do so.

His way of teaching and learning was unique. Probably the zeal to teach was in his genes. He always gave ample scope to

make students think, understand and explain. He used to say - let the answer be wrong now, but not during your practice! He never said I don't have time when the students approached him for a class. His concern for the patients and especially postgraduate students was immense. He used to do rounds in Intensive Care Unit at 10PM daily and after having dinner he used to discuss case histories and his experiences of handling challenging cases with the postgraduate students during night rounds. Whenever the old students meet me in other places, the first question they ask is how is MSB sir? Many students invited sir to inaugurate their clinic and hospital and seek his blessings.

Bench to bedside- I approached him and gave him concept of Bench to bedside talk in a state level conference. With initial glitch, he accepted the challenge and presented in the state conference KAPICON hosted by our institute. His skills in narrating the clinical scenarios, the way he approached the patients, the challenges he faced and how he found the solutions were narrated so well that it touched the mind and heart of the audience at large. The talk was super hit, to the extent that he continued to get invitations from the next two annual state conferences for the same talk.

Black board was his favourite. He taught medicine on blackboard even in the era of LCD projections. He used to say "I am comfortable and can teach more using the blackboard." The flow of thoughts, concepts from various books and clarifications of a given topic in the theory class that too on a black board was so soothing that the students always used to say, now no need to read a book. Everything is clear here itself. Believe me, in all the theory classes that he conducted, it had cent percent attendance

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and sometimes few junior faculty like me used to attend his theory class.

Sir used to take opinion from the closest friends before taking major decisions in the department, college and university level. We never knew why he was sharing with us, only to find later that he took our opinion in making and announcing the decision.

He had broader and practical views of various issues. When I met him as the secretary of the alumni association, he immediately gave clearance for all the pending works and gave solid guidelines for road map of the association to sustain and progress.

Interdepartmental exchange. Sir, had concern about sharing knowledge and updates among various medical subjects. He started inter-department meetings on academic issues, and used to participate actively and share how knowledge of basic subjects helps in treating patients and leads to research in developing newer drugs and investigation methods. This program was appreciated by the postgraduate students then.

I was looking after the geriatric clinic for which he had some limitations, but never opposed the ideas and always supportive. During the state conference in year 2011, sir came to the conference for inauguration in casual white shirt and black trouser. Few of his classmates who were participating in the conference took him to a corner and said something, following which sir immediately left for his house and when he returned within ten minutes, he was wearing suit. After some days, he revealed to me that, I thought the conference will be a low-key affair. When my friends suggested me to be in a formal wear, I went and got my suit. He was also impressed to see that the hall was full with 250 delegates during the inauguration. There after he was very proactive and supportive in all the activities of the geriatric clinic.

His international tours were both academic and lively. He used to share the photos and describe the contents in each photo in detail for the students and faculty.

Importance to nutrition for patients – a peda a day!

Sir was very much concerned about the nutrition care of the people admitted in the hospital. As we know that when a person is sick, the appetite is reduced which leads to decreased food intake and slow recovery. He used to promote a Peda everyday! Peda is a nutritious delight prepared from khawa and jaggery with sugar sparking. He used to advise all the patients to eat peda a day which helps to improve immunity. All the patients in ICU were to get peda for themselves and also were sharing among the medical and nursing staff members. The students who join his rounds for the first time used to think why sir tells to eat peda. Later the students would start studying the nutrition value of it and they too start advising the patients.

The human values that he learnt from his father had a deep positive impact on his life. Sir was quoting examples saying his father used to say this. He always had respect and deep gratitude for senior citizens. He had lot of interest in farming and was also very innovative in creating new things in his farm at Ukkali, which he used to share with us.

Sir used to express his deep gratitude to the founding fathers of BLDE Association in most of the programs. He even volunteered to take a class for postgraduate students on the occasion of orientation program for first year Postgraduates every year. I was in-charge of PG orientation program then. He conveyed to me that we need to create awareness about the sacrifice of the founders of this association to the newly joined students. Thereafter we included the topic Higher Education and sir volunteered to talk.

He strove hard to bring in quality of teaching and health services for the younger generation. He was a visionary and initiated newer technologies in hospital and also contributed significantly in upgrading various departments in the medical college.

In a nutshell, I had a memorable, meaningful and most impactful relation with my teacher, mentor Dr.M.S.Biradar for thirty fruitful years which I will always cherish and share with the next generations to come. He is an iconic figure who will be remembered as a complete gentleman!

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